

THIRTY DAYS TO CHANGE YOUR LIFE

Day One

CONGRATULATIONS!

You have chosen/decided that the time has come for you to pause/stop the old ways of being and look inward, to reflect on whom you are that you may begin anew. The old ways do not serve you any more. The old clothes (beliefs/judgments of others/self) don't fit any more. By taking this step you have already begun the change within you that you dream for the world to be. You may want to just construct a new you or start an organization that represents the authentic you in the market place. You decide.

For the next month enjoy the introspection and choose to participate daily as a new you is discovered or maybe just uncovered or possibly simply remembered. We are all on a threshold of great change. The time has come and it is NOW.

Welcome each day as a new layer of you is revealed/opened and inspected. The more you choose to participate the more you will get/receive. In many cases there is a word or two to reflect on followed by a comment by spirit to give an overview or possible perspective. Make it a fun experience. Be ready to be opened up more than you ever have. This is all about you for you are the world that you create.

In LOVE and in JOY.

Day Two

Each day we will be receiving a new word to embrace. There will be a Webster's Collegiate Dictionary definition of each as well as some synonyms. Take each word and apply it to your world the day you receive it. Are you that word? Does it represent you? Can it be part of your self image, your state of being?

Write the word in a journal or just write as many thoughts about this word and others as they come up. What are your feelings around this word?

This morning's word:

TENACIOUS or TENACITY

Not easily pulled apart. COHESIVE Persistent in maintaining or adhering to something valued or habitual. See STRONG See COURAGE

In order to stay the course in this program you will need to choose to be TENACIOUS. This will be needed in life as well in order to achieve your desires. Welcome this aspect of yourself it may serve you well.

We the Beings of Light and Love suggest that this aspect of self is one of the many that we also embrace. We have been and always will be tenacious in our LOVE for you. Take this word to your bank of words that make up the whole of you. It will serve you well as will many of the others to follow in this 30 day excursion.

Day Three

Today's word is

COMMITMENT

COMMIT:

To pledge or assign to some particular course or use. To obligate or pledge oneself.

COMMITMENT:

An agreement or pledge to do something. The state or instance of being obligated or emotionally impelled.

Are you ready to commit to change?

Day Four

Today we will focus on our acceptance of this 30 day process. We call this the "LETTER OF ACCEPTANCE".

WE THE PEOPLE OF THESE UNITED STATES, IN ORDER TO FORM A MORE PERFECT UNION, PROMOTE THE GENERAL WELFARE, AND SECURE THE BLESSINGS OF LIBERTY TO OURSELVES AND OUR POSTERITY, DO ORDAIN AND ESTABLISH THIS CONSTITUTION FOR THESE UNITED STATES OF MIND.

Sign and date here x_____

Day Five

Today's words are:

OPTIMISM and COURAGE

OPTIMISM:

A doctrine that this world is the best possible world. An inclination to put the most favorable construction upon actions and events or to anticipate the best possible outcome.

The supportive thought is that during this coming self revelation/revolution all are to remain OPTIMISTIC.

COURAGE:

Mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty

See also METTLE – SPIRIT – RESOLUTION – TENACITY

METTLE suggests an ingrained capacity for meeting strain or difficulty with fortitude and resilience

SPIRIT suggests a quality of temperament enabling one to hold one's own or keep up one's moral when opposed or threatened

RESOLUTION stresses firm determination to achieve one's ends

TENACITY oh yeah, we already did that one, that's how we got here in the first place.

COURAGE:

Not only is Courage one of the seven virtues it is part of all virtues for it is the tipping point of all choices.

Day Six

You think I'm running out of inspiring words? Not yet. Inspiring / boring, you decide.

How about

ROBUST:

Having or exhibiting strength or vigorous health. Strongly formed or constructed; STURDY, FLOURISHING, BOOMING, PROSPERING, ROARING.

BRAVE:

Having or showing no fear when faced with the unknown. BOLD, AUDACIOUS, DAUNTLESS, STALWART, VALIANT.

Are we choosing to be ROBUST and BRAVE or are we going to be

PUSILLANIMOUS?

Day Seven

Our words for today are:

UBIQUITOUS & OMNIPRESENT

UBIQUITOUS:

Existing or being everywhere at the same time – constantly encountered.

OMNIPRESENT:

Present in all places at all times. It's been said in the scriptures that GOD is Omnipresent but let's just look from our own perspective.

What we know that is Omnipresent are our beliefs. Where ever we look we color our world by our beliefs. They are everywhere in all things at all times flavoring our existence as only we can. In seeing the rose do we see the thorns and the danger or do we see its radiant beauty, its ultimate gift of itself to all?

Do our omnipresent beliefs about ourselves cause us to focus on our thorny edges or do we see the inner shining light that we all are? Can we welcome all aspects of ourselves?

Day Eight

WORK ETHIC

Webster's definition:

A belief in work as a moral good.

Webster's Thesaurus on ETHICS:

The complex of ideals, beliefs, or standards that characterizes or pervades a group, community, or people.

This takes us to this morning's main word:

UNITY

The quality or state of not being multiple: ONENESS.

A condition of harmony: ACCORD.

Continuity without deviation or change (as in purpose or action).

The quality or state of being made one: UNIFICATION.

A COMBINATION OR ORDERING OF PARTS IN A LITERARY OR ARTISTIC PRODUCTION THAT CONSTITUTES A WHOLE OR PROMOTES AN UNDIVIDED TOTAL EFFECT.

The resulting singleness of effect or symmetry and consistency of style and character.

A totality of related parts.

An ENTITY that is a complex or systematic whole.

Are we ready to be that ENTITY?

It's time to claim it, be it.

Day Nine

Another day of reflection(a look inward and mirror to others reminding them who they are)

The words for today are

AGGRESSIVE and **ENTHUSIASM**

AGGRESSIVE:

Marked by driving forceful energy or initiative – **ENTERPRISING**
Strong or emphatic in effect or intent

ENTHUSIASM

In + theos (god) A belief in special revelations of the Holy Spirit. Strong excitement of feeling. Something inspiring zeal or fervor. See **PASSION**.

Day Ten

You think we have run out of words? But noooo, we have just begun.

Today

COOPERATION:

The action of cooperating: common effort. Association of persons for common benefit.

Root word

COOPERATE:

To act or work with another or others: act together. To associate with another or others for mutual benefit.

And now from some **OTHERS** we haven't heard from lately.

From the unseen others:

*"We have just begun as you have said and we have many **SOURCES** that you truly haven't seen or heard about yet; all in due time. We wish you to **KNOW** that we hear your **CLARION** call to action and we applaud your excitement and enthusiasm as **WE** know how you feel about this new exciting venture we will **ALL** be taking. So **COOPERATION** is and has always been our **MANTRA**. It's what we **DO**. Hear and **KNOW** or **NOW** this **ALWAYS** in **ALL WAYS**.
In **LOVE**,
Those who truly **KNOW** who you are."*

Day Eleven

Today's first word is:

EPITAPH

Before we get to the definition I digress to several (my favorites) synchronistic events. First as I was beginning to write down this word my cell phone signaled me that a function just happened. It lets me know when it is out of range of a signal and when it is going on or off. Well this signal was that it just died, its battery was **Dead**.

At this point I paused our Blog - A - Thon because my wife and I had to get to the Doctor's office to check on her progress with some scar issues from her surgery.

We got in the car and turned on the radio and the song came on "I DON'T WANT TO WAIT", a very popular song from the 90's by Paula Cole. The main "hook" line that is repeated over and over is: "I DON'T WANT TO WAIT, FOR OUR LIVES TO BE OVER". The very next song was titled: "IT'S NOT OVER" by Chris Daughtry. I mentioned to her about today's word and we both had a nice laugh.

Back to the word EPITAPH.

An inscription on or at a tomb or a grave in memory of the one buried there. A brief statement commemorating or epitomizing a deceased person or something past. The thought being what would YOU like to have as your EPITAPH?

This leads us to the second word for the day:

MASTER

A revered leader. A worker or artisan qualified to teach apprentices. An artist, performer, or player of consummate skill. A great figure of the past (as in science or art) whose work serves as a model or ideal . An original from which copies can be made.

What would you choose to have said about you? That he/she played it safe? That he served him/herself well? That he danced by him/herself? Do you KNOW greatness? Do you KNOW what awaits you, if you choose?

According to my wife, the song "IT'S NOT OVER" is a top recording sung by someone that answered a "call" once. Chris was someone who took a chance at greatness and answered an audition call for one AMERICAN IDOL. The rest is history for him. What's our answer to our "CALL"? Conversations With GOD states that, "Many are called but few choose themselves".

How does MASTER sound/feel to you?? It's what you are!

Remember:

An original from which copies can be made.

Day Twelve

Are we there yet?

VECTOR:

A quantity that has magnitude and direction. A course or compass direction.

ACTIVATE:

To make active. To set up or formally institute with the necessary personnel and equipment. To put on active duty. To become active.

ACTIVE: Characterized by action rather than by contemplation or speculation. Producing or involving action or movement. Expressing action as distinct from mere existence or state. Having practical operation or results. Engaged in an action or activity.

ACTION: An act of will. A thing done. DEED. INITIATIVE. ENTERPRISE. An operating mechanism.

ACT: The doing of a thing. Something done voluntarily. A state of existence rather than possibility. The process of doing. To perform a specific function. SERVE.

READY:

As a verb it can mean to make ready.

As a noun:

Prepared mentally or physically for some experience or action. Prepared for immediate use. Willingly disposed. INCLINED. Likely to do something indicated.

IMMEDIATELY AVAILABLE!

It's time to activate all resources at our command. We are READY and we CHOOSE to be this NOW.

Day Thirteen

In 1776 **13** UNITED STATES OF AMERICA signed the DECLARATION OF INDEPENDENCE.

Today we address our word

DECLARATION:

When in the course of human events, it becomes necessary for one group of people to dissolve the political bands which have connected them with others and branch out into the world and create a new thought, a new paradigm, a new way of seeing themselves and declaring that they will represent the truth of life to all others, to all humanity that would be willing to look, to see, to feel, to remember, to know who they really are.

We hold these truths to be self-evident, that all men/women are created equal; that they have the right and power to remember who they are and we choose to give to them more of themselves that they might see and remember who they are and how they have chosen to be here in this now.

We, therefore, the representatives of, FILL IN THE NAME, solemnly declare, mutually pledge to each other, our lives, our time, and our sacred honor.

DECLARE:

To make known formally, officially or explicitly. To make clear. To make evident. To state emphatically.

(With plagiaristic apologies to all forefathers).

Day Fourteen

Today's first word is

INVESTIGATE:

To observe or study by close examination and systematic inquiry. To make a systematic examination. Especially to conduct an official inquiry.

INVEST – To array in the symbols of office or honor. To furnish with power or authority. To grant someone control or authority over. To endow with a quality. INFUSE. To commit (money) in order to earn a financial return. To make use of for future benefits or advantages.

Second main word is

TONE:

Vocal or musical sound of a specific quality. Musical sound with respect to timbre and manner of expression. A sound of definite pitch and vibration. Accent or inflection expressive of a mood or emotion. The pitch of a word often used to express differences of meaning. Style or manner of expression in speaking or writing. The state of a living body or of any of its organs or parts in which the functions are healthy and performing with due vigor. General character, quality, or trend. Frame of mind. MOOD. In color, to blend or harmonize.

We have INVESTIGATED who we are. Now it's time to know more of whom we know that will complete our team/family. And it's time to set the TONE of our group, activities, and lives that will draw in that which we have all been "called" to remember. This TONE will be the magnet that will draw the necessary pieces of OUR selves that we haven't met yet in this life.

Day Fifteen

Today's words of reflection are

WORK:

Activity in which one exerts strength or faculties to do or perform something. Sustained physical or mental effort to overcome obstacles and achieve an objective or result. The labor, task, or duty that is one's accustomed means of livelihood. A specific task, duty function or assignment often being a part or phase of some larger activity.

Some synonyms for this are LABOR – TRAVAIL – TOIL – DRUDGERY – GRIND – EMPLOYMENT – OCCUPATION

Another WORK

Something produced by the exercise of creative talent or expenditure of creative effort: artistic production.

And the second word of reflection:

LOVE:

(Here we have MANY possible definitions but I'm going for the applicable ones)

A strong affection for another arising out of kinship or personal ties. Affection based on admiration, benevolence, or common interests. Warm attachment, enthusiasm, or devotion. To like or desire actively. Take pleasure in. To thrive in. To feel affection or experience desire. A lively enthusiasm.

THE OBJECT OF ATTACHMENT, DEVOTION OR ADMIRATION.

And for fun, for those old enough, from the 60's, we have

LOVE – IN: A gathering of people especially for the expression of their mutual LOVE.

It's been said that you never have to experience a day of WORK if you truly do that which you

LOVE

Day Sixteen

Today we converse about one of my favorites.

MONEY:

Boy do we have many SYNONYMS here. I'll touch on just a few (some of my favorites).

BREAD – CASH – CHIPS – COIN – CURRENCY – DINERO – DOUGH – (One of my special favorites – FILTHY LUCRE) – GREENBACKS – JACK – LEGAL TENDER – LOOT – MOOLAH – SCRATCH – SKEKELS – WAMPUM

Other similar:

BANKROLL – CAPITAL – COINAGE – FINANCES – FUNDS – RESOURCES – RICHES – TREASURE – WEALTH – WHEREWITHAL – BOODLE – HAY

Since we have so many "other" names for the same thing/idea could it be that we have extra energy around this concept? What does Webster say about it?

MONEY:

Let me say that this is the first word that I've seen in our daily blogging that Webster has dedicated more than one page to its definition. One whole page is dedicated to listing all the currency from most of the countries of the world. I'll try to summarize.

Something generally accepted as a medium of exchange. A payment. Officially coined or stamped metal currency. Wealth reckoned in terms of money. Seems pretty INNOCUOUS (not likely to give offense or to arouse strong feelings or hostility).

I'm not going to address your feelings about this subject now for that is for you to ask yourself.

Just addressing this as an eye opener or feelings opener. For your pleasure.

The second word for the day is:

INTEGRITY:

Firm adherence to a code of especially moral or artistic values, INCORRUPTIBILITY (Incapable of corruption, not subject to decay or dissolution, incapable of being bribed or morally corrupted). An unimpaired condition. SOUNDNESS. The quality or state of being complete or undivided. COMPLETENESS see also HONESTY.

As we all begin to address these two concepts can we hold true to the sense (cents) that we are whole now? Can we remember who we are in all negotiations?

In my early child's game of HIDE AND SEEK we would close our eyes and give the other a chance to run and hide. We would count to ten and then we had to yell out, "READY OR NOT, HERE I COME". Could it be time for all of us to close our eyes, feel these two words, remember who we are and then be ready? Believe this; this is what the "world" is telling us,

'READY OR NOT, HERE WE COME'.

Its time has come.
And it is NOW.

Day Seventeen

Today's first word:

OBSTACLES:

In the way. To stand in front of. Something that impedes progress or achievement.

WALL - MOUNTAIN - OBSTRUCTION - HANDICAP - BUMP - HITCH - HAMPER - HINDRANCE

We move to the second word:

INTENSITY:

We get the word INTENSE:

Existing in an extreme degree. Having or showing a characteristic in extreme degree. Marked by or expressive of great zeal, energy, determination, or concentration. Exhibiting strong feeling or earnestness of purpose. Deeply felt.

INTENSITY:

The quality or state of being intense, especially extreme degree of strength, force energy, or feeling.

Both of these words leads us to:

FLOW:

To sail. To float. To issue or move in a stream. CIRCULATE. To move with a continual change of place among the constituent particles. To have a smooth continuity. To hang loose. To derive from a source. A smooth uninterrupted movement or progress. The direction of movement or development.

It could be said that a person who moves with the FLOW is a FLOW 'ER, one who flows.

Are we ready to be FLOW 'ERS ? Can we build the intensity to push through all OBSTACLES, all those ideas that keep us from truly becoming the beautiful array of energy that truly represents who we all are? It's time to push away the dirt and beliefs that have held us back and show the world the radiant beauties that we all are. Our "winters" are over. It's time to awake from our slumber and arise, remember, and be in the FLOW or become the FLOW 'ER that we were always meant to be, HERE and NOW.

Day Eighteen

Today's word is:

SOCIETY

A voluntary association of individuals for common ends. An enduring and cooperative social group whose members have developed organized patterns of relationships through interaction with one another.

Although you may think of this as a group of entities let's look at the society of our thoughts and beliefs. Which group do you choose to hang out with? Every thought colors the next and the next. You may need to abandon some old "friends" and join a new society of thoughts and beliefs that support, entrust and encourage you on your new journey.

Motivational speaker Les Brown states that 90% of all negative thoughts that we come in contact with go undetected.

Begin to access which ones do not support you. You may need to say good bye to some and welcome some new. Keep a journal through out your day. You may be partying with the wrong crowd.

Day Nineteen

Today we look at the word:

ORGANIC:

This word has many definitions but we will look at one aspect that we deem appropriate.

Forming an integral element of a whole. Having systematic coordination of parts. Having the characteristics of an organism. Developing in the manner of a living plant or animal. Of, relating to, or constituting the law by which a government or organization exists.

ORGANISM:

A complex structure of interdependent and subordinate elements whose relations and properties are largely determined by their functions in the whole. An individual constituted to carry on the activities of life by means of organs separate in function but mutually dependent, (a living being).

Every one of us makes up part of the whole expression that is ALL THAT IS. Each one is as important as the rest for without your contributions we would not be who we are. As change happens through out the world body of consciousness your contribution is needed more than ever. Be the change you want to see.

Day Twenty

Today we look at two words that can mean everything for your/our current NOW.

OPEN

As a noun:

Having no enclosing or confining barrier. Accessible on all or nearly all sides. Being in a position or adjustment to permit passage, not shut or locked. Having a barrier (as a door) so adjusted, as to allow passage. Completely free from concealment. Not covered with a top, roof, or lid. Having no protective covering. Not restricted to a particular group or category of participants. UNFOLDED. Having clarity and resonance unimpaired by undue tension or constriction. Available to follow or make use of ("Open to us"). Characterized by ready accessibility. Generous in giving. Willing to hear and consider or to accept and deal with. RESPONSIVE. Free from reserve or pretense. FRANK. Accessible to the influx of new factors.

As a verb:

To make available for entry or passage. To make available for or active in a regular function. To make accessible for a particular purpose. To initiate access to prior to use. To disclose or expose to view. REVEAL.. To make more discerning or responsive. ENLIGHTEN. To bring into view or come in sight of by changing position. To spread out. UNFOLD. BEGIN. To commence action. EXPAND. To begin a course of action or activity.

Second word for this day: (one page over in Webster's Dictionary)

OPPORTUNITY:

Sub word:

OPPORTUNE: Suitable or convenient for a particular occurrence. Occurring at an appropriate time.

OPPORTUNITY: A favorable juncture of circumstances. A good chance for advancement or progress.

Can we all say that these words/ideas represent who we are NOW? Are we truly OPEN to the OPPORTUNITIES before us NOW? Is this our state of BEING? It's time to get on board and let everyone KNOW. We know who we are!

Day Twenty One

Today we will be looking at an assignment word.

It is

VISUALIZE

This might be the time for all to get out the VISION BOARD.

VISION:

Something seen in a dream, trance, or ecstasy, especially a supernatural appearance that conveys a revelation. An object of imagination. Mode of seeing or conceiving. Unusual discernment or foresight. Direct mystical awareness of the supernatural, usually in visible form. The act or power of seeing. SIGHT. Something seen.

VISUALIZATION:

Formation of mental visual images. The act or process of interpreting in visual terms or of putting into visual form.

VISIBLE:

Capable of being seen. Exposed to view. Capable of being discovered or perceived. RECOGNIZABLE. Devised to keep a particular part or item always in full view or readily seen or referred to.

VIABLE:

Capable of working, functioning or developing adequately. Capable of existence and development as an independent unit.

VISUALIZE:

To make visible. To see or form a mental visual image.

Now the assignment. Take some time to see (Visualize) ALL aspects of the perceived construction of your day to day operations of this creation or organization you have named _____. Visualize negotiations, discussions, talks, complaints, tears, adjustments, analysis, all manner of works. The more detail you give it the more real it will be for you.

Now it's time to put into your session the earlier WORDS of your previous days,

Flow, Integrity, Wholeness, Boldness, Tenacity, Cooperation, Courage, Enthusiasm, Etc. This is your assignment. Do some dry runs, then the "future" events will have already been done with the desired outcome you want. Think WIN - WIN and you get the idea. This is critical for you all to do/be. So pause and put on your thinking / visualizing cap and imagine every scenario you can and then meet / discuss all your results.

Don't leave "US" out of your visualizations. We ARE here for you. Trust that. KNOW that.

Day Twenty Two

The word for the day.

TRUST

We are all going to TRUST that you will contemplate/think on (if necessary) look up this wonderful word.

Possibility Self (individual self) vs. SELF (Larger/Higher Self) vs. "OTHERS"(whatever that means for you).

*ONE clue; inside the word TRUST is hidden, **US**. Don't forget us.*

Day Twenty Three

Today's word

LEADER

Root word:

LEAD:

Verb: To guide on a way especially by going in advance. To direct on a course or in a direction. To direct the operations, activity, or performance of. To have charge.

Noun: EXAMPLE – PRECEDENT (A person or thing that serves as a model)

LEADER:

Someone or something that leads. GUIDE – CONDUCTOR A first or principal performer of a group.

By now we may be moving into new territory for you. Are you ready to lead yourself and others into this new way of being? Are you ready to take flight? In these changing times leaders and models are needed

now more than ever. Begin to access your leadership qualities and trust that they are perfect for you at this critical time.

Day Twenty Four

Today we look at

ENERGY and **MOMENTUM**

ENERGY:

The capacity for doing work. Usable power.

MOMENTUM:

A property of a moving body that the body has by virtue of its mass and motion. Strength or force gained by motion or through the development of events.

We now have incredible potential energy gained by the momentum of the past 23 days of reflection and re-alignment. Take that energy and apply it to your desired goals and watch it work its magic through you.

Day Twenty Five

Today's first word is:

MEASURABLE

From this we get:

MEASURE:

As a noun:

An adequate or due portion. A fixed or suitable limit. The dimensions, capacity, or amount of something ascertained by measuring. An estimate of what is to be expected. A basis of standard or comparison. A measured quality. In music, rhythmic structure; MELODY, BEAT, CADENCE, METER.

As a verb:

To ascertain the quantity, mass, extent, or degree of in terms of a standard unit or fixed amount.

MEASURABLE:

Able to be measured.

Today's second word:

MATERIALIZE:

From this we get:

MATTER:

The substance of which a physical object is composed. Material substance that occupies space, has mass, that constitutes the observable universe and is inter-convertible with energy.

NOTE: From *CHRISTIAN SCIENCE*: Matter: "The illusion that the objects perceived by the physical senses have the reality of substance".

MATERIAL:

The elements, constituents, or substances of which something is composed or can be made. Matter that has qualities which give it individuality and by which it may be categorized. Something that may be worked into a more finished form.

Another version; Of or belonging to actuality. CORPOREAL. PHYSICAL. TANGIBLE. BEING. ENTITY. RELEVANT. VITAL, VIABLE

MATERIALIZE:

Matter or material into substance. To make real to the physical senses.

There you have it. Something you believe to be real. It's always been there for you, your taking. Are you ready to claim it, to possess it? It is real to us, always has been. It's been said, "The ball's in your court". What are you going to do/be with it? Be bold, audacious, and in-joy the rush of it all.

Day Twenty Six

Today we will be looking/feeling a couple of words.

PRESENT:

As a noun.

Something presented. GIFT.

As a verb.

To bring or introduce into the presence of someone. To introduce socially. To bring before the public. To make a gift to. To give or bestow formally. To offer to view. SHOW. To bring to one's attention. To act the part of. PERFORM. To become manifest. To make a presentation. GIVE.

As a adjective.

Now existing or in process. Being in view or at hand. Existing in something mentioned or under construction. Constituting the one actually involved, at hand, or being considered. ATTENTIVE. INSTANT. IMMEDIATE.

PRESENCE:

The fact or condition of being present. The part of space within one's immediate vicinity. One that is present. The actual person or thing that is present. Something present of a visible or concrete nature. The bearing, carriage, or air of a person. A quality of poise and effectiveness that enables a performer to achieve a close relationship with an audience. Something felt or believed to be present.

PERSONA:

An individual's social I or front that reflects the role in life the individual is playing. The personality that a person (as an actor or politician) projects in public. IMAGE.

Note: In the analytic psychology of C. G. Jung we have the word ANIMA: The reflection of the archetypal ideals of conduct, the inner feminine part of the male personality. SOUL

Now ask yourself why have you/we chosen to do/be this voice, SOUL, of this project/process. Could it be that the SOUL of humanity is asking itself; "WHO AM I"? Could we all be the ONE'S hearing this call/question? Ask yourselves is this a job or a gift you are all giving to yourselves/humanity? Can you in joy / be this? It's easy, you know, to be, you know, yourselves, in Truth, as humanity hears the answer of the call to its self.

We welcome your boldness, your ability to respond to the call. We LOVE you more than you know.

Day Twenty Seven

Today we will address several words that together make up a formula for success.

INTENTION:

We begin with INTEND: 1. To direct the mind on. 2. To proceed on a course. To have in mind as a purpose or goal. PLAN

INTENTION: A determination to act in a certain way. RESOLVE. What one intends to do or bring about.

COMMITMENT:

From day three of the month of wording we get: "An agreement or pledge to do something in the future; something pledged or emotionally impelled."

PASSION:

The emotions as distinguished from reason. Intense, driving, or overmastering feeling or conviction. An object of desire or deep interest.

We are finding out now that those who are able to weave INTENTION with COMMITMENT and mix with PASSION will have/create "Perpetual Motion".

Are you ready to activate/receive such power? It's yours for the asking.

Day Twenty Eight

Today's word is:

CONSCIOUSNESS:

The quality or state of being aware especially of something within oneself. The totality of conscious states of an individual.

Your consciousness springs forth from your cumulative experiences, choices and beliefs that drive your life. It is your essence. It is the part of you that escapes the boundaries of life and death. Find this and you will KNOW yourself.

Day Twenty Nine

And now two of my favorite words:

KNOW and NOW

KNOW:

To perceive directly: have direct cognition. DISCERN. To be aware of the truth.

NOW:

At the present time or moment.

Up till now we have looked at / felt 30 – 35 words of being. We've looked inside to reconstruct a new foundation, a new way of being. We've torn down some old word barriers that have held us back and replaced them with some new ones that will serve us in creating the future / present we desire.

Now we are to look beyond or above this analytical look at our many states of being. Your assignment now is to review these aspects of self from a new perspective. When one of these states comes up in daily life, such as courage, fear, optimism, tenacity, Love, etc. we are to observe ourselves in the moment of their experience. In that now moment of the experience of each, pause to ask who is it that is observing, experiencing this state / event? In this act of now you may discover the real you, the eternal you, the soul of you.

These observations, discoveries will only come when you remember to be the observer / experiencer of all NOW moments. This exercise / insight into SELF discovery may release / free you from the counter productive emotions that have held you back from the real BEING that you are. Being in these types of NOW moments may open you to KNOWING the real, eternal SELF that you are.

Day Thirty

Today we bring to you another type of thought formed by two words.

The first is:

FINAL:

Not to be altered or undone. Coming at the end, being the last in a series, process, or progress. Of or relating to the ultimate purpose or result of a process. See LAST.

See FINALE: The close or termination of something. The last section of an instrumental musical composition. The closing part, scene, or number in a public performance. The last and often climatic event or item in a sequence.

The second main word is:

FINISH

As a verb:

To come to the end. TERMINATE. END. To come to the end of a course, task, or understanding. To bring to completion. To provide with a finish especially to put a final coat or surface on.

As a noun:

Something that completes or perfects as the fine or decorative work required for a building or one of its parts. The final treatment or coating of a surface. A final stage. The result or product of a finishing process. The quality or state of being perfected.

We have been with you all through your search into your soul of BEINGNESS. You have addressed many thoughts, feelings, ideas that make up whom you choose to be. This examination has been about your inner most look at your character, (Who You Are, or who you choose to be at this time relative to this project). It's been a fun exercise in insight.

Now embrace that Wholeness that you have discovered about yourself and take the action that best exemplifies this process we have all walked through. It's been said it takes humans 30 days to change a belief or a habit. It's been 30 wonderful days of reflection as we all reflect on and to each other.

Now go and multiply yourselves, your thoughts, your wishes, your dreams, knowing who you choose to be. You have been and will always be LOVED by US, know that.

YOU ARE LOVED MORE THAN YOU KNOW, NOW AND FOREVER MORE. Take that to your bank; of knowledge, of feelings, and beliefs.

Know that you only succeed in all projects of life for all are accepted whatever you choose. We are with you in LOVE and LIGHT. It is our choice to support you in all choices.

When you feel you need a boost go back to the beginning words we have looked at / felt. You will be re-energized. And as often as needed REMEMBER who you are, nothing can beat that.
